

# TOGETHER THROUGH TOUGH TIMES



LUTHERAN  
CARE

## Winter Appeal 2022

### Dear Valued Supporter,

Winter can be a difficult and devastating time for the families that Lutheran Care supports.

This year many are facing a season of uncertainty due to the rising cost of living. Sadly, some will not have enough money to keep their children warm at night or provide their families with a wholesome meal. Families such as Anthony's.

Anthony\* is a single father who built a life working hard to provide a safe and stable environment for his two young children. However, his world was turned upside down last year when he lost his job as a forklift driver due to injury.

For the first time in his life, Anthony felt hopeless and ashamed. He was never one to ask for money and found it challenging to accept government support. However, it did not cover his rental payments or the utilities bills.

Though the days were cold and dark, Anthony was forced to turn the lights and heating off while his children were at school. His diet consisted of baked beans and two-minute noodles, so that his children could enjoy a hot meal at night and breakfast in the morning.

In only a matter of weeks, Anthony's situation worsened and he found himself spiralling into debt. He did not have enough money for food and was left on the brink of eviction. Exhausted and full of despair, Anthony faced a frightening reality that he and his children would soon be homeless.

When Anthony walked through our doors at Lutheran Care, our staff engaged with him by showing empathy and compassion. He sat down with an emergency relief worker who listened to his story. She wasted no time and gave him much-needed essential items including food, blankets and clothing.

Anthony also connected with a financial counsellor. She advocated on behalf of his debts and linked him with grants and financial aid to cover his bills. When Anthony opened up on the deterioration of his mental health, our personal counsellor was there to provide reassurance too. Together they gave Anthony the strength to speak to his landlord about his situation.

Once Anthony's housing was secured, our financial counsellor worked with him to create a budget and helped claim income protection insurance. Anthony was overjoyed. For the first time in months he could focus on the future.

We recently learned that Anthony has started studying a Certificate IV in Community Services. He hopes to return to work in a role that he can manage with his injury and support others who have fallen into hardship.

This winter, you have the opportunity to help us change lives and assist people like Anthony.

Every donation to Lutheran Care will help us provide much needed services including emergency relief, emergency accommodation, domestic violence support, financial and personal counselling, and so much more.

Our communities are stronger when each and every person feels included and cared for.

**Please join us this winter so we can help more people take their first step to a brighter future.**

Rohan Feegrade,  
Chief Executive Officer



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\* Anthony's name and the associated image have been changed to protect their identity.

# Op Shops with A Difference



By supporting Lutheran Care Op Shops, you become a key partner in our mission to build strong, caring communities.

With high quality stock and friendly volunteers, our Elcies stores at Norwood and Tanunda have become a favourite amongst sustainable shoppers, while established Lutheran Care shops at Blair Athol, Smithfield and Payneham continue to shine in their local communities.

Proceeds generated from donated goods allows Lutheran Care to help considerably more people through our programs, such as emergency relief, financial counselling and homelessness services.

## So how can you help?

You can make a difference by becoming a volunteer, donating good quality, second hand items, or by shopping at one of our stores.

If you have a passion for fashion and helping your community, find out more about our op shops by visiting

[www.lutherancare.org.au/volunteer-with-us](http://www.lutherancare.org.au/volunteer-with-us)

*“Volunteering with Lutheran Care has changed my life. I like to think it’s changed other people’s lives in some way, too.”*

- Robert, Lutheran Care volunteer



## YES, I will support LC’s Winter Appeal

### MY GIFT

- \$75 can provide emergency relief to families in crisis
  - \$100 can contribute towards supported LC programs
  - \$\_\_\_\_\_ to be used where needed most urgently
- All donations \$2 and over are tax deductible.

### YOUR DETAILS (for receipt)

Title \_\_\_\_\_ Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Postcode \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 Deliver my receipt via:    Email    Post     Not required  
 Email \_\_\_\_\_

- Please send me information on the A Gift in Your Will program.
- Please subscribe me to Lutheran Care’s email updates.

### PAYMENT DETAILS

- [www.lutherancare.org.au](http://www.lutherancare.org.au)
- Tel: 08 8269 9333
- cheque/money order (payable to Lutheran Care)
- VISA     Mastercard

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Cardholder \_\_\_\_\_  
 Expires \_\_\_\_/\_\_\_\_  
 Signature \_\_\_\_\_



**LUTHERAN CARE**