



# The Garden

## Group Program

An Infant/Toddler program for  
0 - 4 years and their parent(s)

The Garden is a free group for parents and caregivers with their babies and toddlers (up to 4 years old). Build your parent-child bond, have fun and connect through:

- Music, play, art and movement
- Sensory activities, relaxation and reflection
- A safe supportive environment
- Positive experiences with your little one.

**When:** TUESDAYS, 25 OCT - 29 NOV, 1-3pm (over 6 weeks)

**Where:** St Paul Lutheran School - 44 Audrey Avenue Blair Athol 5084

**Cost:** Free

Sessions are held once a week, for 6 consecutive weeks. The greatest benefits come from attending all sessions but please sign up even if you can't make every session.

We are funded to offer the program to families within the LeFevre Peninsula, and the inner north Adelaide suburbs; (Gepps Cross, Enfield, Blair Athol, Kilburn, Clearview, Broadview).

For more information, or to book call the CAPS team on 08 8340 2022 or email [CAPSwest@rasa.org.au](mailto:CAPSwest@rasa.org.au)

