

## CAN I BE A VOLUNTEER VISITOR?

To be a Volunteer Visitor you need to:

- Be at least 18 years old
- Have access to transport
- Be available for one hour each fortnight
- Undergo an application and orientation process, and any required training
- Obtain police checks as directed.



## SIGN ME UP!

To join the Aged Care Volunteer Visitors Scheme as a volunteer or as a recipient of ACVVS, contact:



08 8349 6099



[acvvs@lutherancare.org.au](mailto:acvvs@lutherancare.org.au)



[www.lutherancare.org.au/acvvs](http://www.lutherancare.org.au/acvvs)

## LOCATIONS

METRO NORTH  
METRO EAST  
METRO WEST  
ADELAIDE HILLS

BAROSSA  
SOUTHERN REGION  
MALLEE  
LOWER NORTH



# ACVVS

## Aged Care Volunteer Visitors Scheme

Make a new friend, gain a new perspective



Funded by the Australian Government



## MAKE A NEW FRIEND, GAIN A NEW PERSPECTIVE

Life is sweeter when it's shared with friends!

The Aged Care Volunteer Visitors Scheme (ACVVS), formerly known as the Community Visitors Scheme, matches friendly volunteers to older people wanting social connection.

Being part of the ACVVS is not just a nice thing to do, it's also fun, rewarding and interesting. Plus, you could make someone's day.

Creating new friendships across generations helps us feel valued and connected. You will learn and gain so much, just by sharing your time.



## HOW DO I ARRANGE VISITS FOR SOMEONE I KNOW?

To be eligible for visits from an ACVVS volunteer, a person must receive a Home Care Package or be waiting for one, or live in an aged-care residence.

You may self-refer, or be referred to the program by someone who thinks you can benefit from regular visits, such as an aged-care provider, healthcare professional, a neighbour or family member.

The idea is to provide friendship and reduce the time the older person spends alone. Each visit will bring new conversation and shared stories.

## ABOUT LUTHERAN CARE

Lutheran Care is a non-profit community services organisation founded in SA over half a century ago.

We are the Lead agency of a consortium of ACVVS providers working across much of South Australia, and are proud to have delivered the ACVVS for more than 30 years.



**LUTHERAN  
CARE**

## WHAT HAPPENS DURING VISITS?

You can spend the time doing something you both enjoy!

**It may be:**

HAVING A YARN

PLAYING A GAME

TEA/COFFEE

ENGAGING WITH TECHNOLOGY

LISTENING TO MUSIC OR READING

GARDENING

